

**School of Healthcare Studies**

**Interview Topic Guide**

**Study Title: Cystic Fibrosis and the gut: what adults would tell their younger selves**

Study ID No.: 218231

This guide will be used in a flexible manner. Topics will not necessarily be covered in the order in which they appear and the content of the interview may be modified in the light of participants’ responses.

Questions will be open and expansive and participants encouraged to talk in detail. At the beginning, it may be helpful to state that the interview is rather like a one-sided conversation, in that the interviewer will say very little. Assurance will be given that there are no right or wrong answers, but that we are interested in them and their account of their experiences and understandings.

Check:

* ‘Do not disturb’ sign is on the door
* Participant is comfortable
* Participant is happy to have control of the audio-recorder
* (If appropriate) microphones are in place
* Introduce the study
* Simple questions to capture demographic details
* Experience of CF and gut involvement for them

If appropriate, follow with: how much they feel this aspect of CF affects them

* Experience as a child of eating, taking Creon, managing their gut

Prompts: experience at school, with friends, on trips; coping strategies

* How experiences have changed over time (insights of their journey)

Prompts: attitudes, knowledge, understanding, behaviours, motivation

* FACILITATORS

Something or someone that particularly helped them make sense of how CF affects their gut

(any lightbulb moment/ specific event that made things click in terms of their understanding)

Prompts: any appropriate, relevant support and guidance received - from HCPs/ family/ friends

(with or without CF)

* BARRIERS

Anything they wish they were told as a child – if so, when, how and by whom

* Insights/ explanations they feel would be important to share with a child with CF

(‘top tips’ to pass on)

* Closing:

Anything else they would like to add

Thank participant

Provide information about receiving study findings

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