

Identification of studies via databases and registers

Identification of studies via other methods

Identification

Records identified from:  
 Databases (n = 49,894):  
 CENTRAL 7,003  
 MEDLINE 7,005  
 Embase 17,333  
 PsycINFO 7,917  
 CINAHL 10,636  
 Registers (n = 1,286):  
 ClinicalTrials.gov 861  
 WHO ICTRP 425

Records removed before screening:  
 Duplicate records removed (n = 11,068)

Records identified from:  
 Backward citation searching from included studies (n = 19)  
 Searching for additional reports of included studies (n = 160)

Selection

Records screened (n = 40,112)

Records excluded (n = 39,318)

Reports sought for retrieval (n = 179)

Reports not retrieved (n = 0)

Reports sought for retrieval (n = 794)

Reports not retrieved (n = 0)

Reports excluded:  
 Ongoing (n = 32 [24 studies])  
 Insufficient information (n = 6 [5 studies])  
 Excluded with reasons (n = 427):  
 Study design: not RCT/cRCT 76  
 Participants: mean age < 65 5  
     not living at home 25  
 Intervention: not community-based 113  
     single component only 32  
     not targeting individual 2  
     not sustaining independence 102  
     targets specific conditions 12  
     falls prevention 3  
 Comparator: not community-based 7  
     single component intervention 12  
     not targeting individual 3  
 Outcomes: no follow-up >= 24 weeks 35

Reports assessed for eligibility (n = 179)

Reports excluded (n = 12):  
 Study design: not RCT/cRCT 1  
 Participants: mean age < 65 1  
     not living at home 1  
 Intervention: not community-based 2  
     single component only 1  
     not sustaining independence 4  
 Comparator: single component intervention 2

Reports assessed for eligibility (n = 794)

Included

Studies included in review (n = 123)  
 Reports of included studies (n = 329)

Studies included in review from citation searching (n = 6)  
 Reports of included studies from citation searching (n = 7)  
 Additional reports of included studies (n = 160)

Total studies included in review (n = 129)  
 Total reports of included studies (n = 496)