

ReSPECT in Primary Care

Evaluating the Recommended Summary Plan for Emergency Care and Treatment (ReSPECT) in Primary Care

Topic Guide for Carers of people with learning disabilities Focus Group

1. Thinking about the concept of emergency care treatment plans, what are your views of them in general?
 - e.g. do you think they are a good idea?
2. Why might someone with a learning disability want or need an ECTP?
 - a. What might be the benefits? How might it help them?
3. Do you think there are any specific challenges in having an ECTP for someone with a disability?
 - Prompt to explain what the challenges are
 - Are there any situations where a person with a learning disability might not benefit from an ECTP?/might not want an ECTP?
4. Do you think there are any specific challenges of having an ECTP for carers of people with disabilities?
 - Prompt to explain what the challenges are
5. How might the person's learning disability influence what you put in the form/the recommendations you would like to see put in the form?
6. How does your role as carer influence what recommendations you would want to see in your own personal form?
7. When do you think it's a good time to talk about having an ECTP:
 - a. for the person you care for?
 - b. for yourself?
8. Who do you think should initiate the conversation for the person you care for?

- a. E.g. you, your doctor, a nurse, a care worker? Why?
 - b. Is there a particular health or care professional you would want to have this conversation with? Why?
 - c. Would you want anyone else to be involved? Who?

9. Who would you like to initiate the conversation for your own ECTP if you were to have one? Why?

10. How confident are you that the ECPT would get implemented by the right people at the right time?
 - a. for the person you care for?
 - b. for yourself?

11. What would make you more confident about this?
 - a. Can you think of anything that might help address some of the issues you identified [make specific to the issues they raised]
 - b. What could be improved?

12. Do you think there are benefits of having ECTPs for people with learning disabilities to the health and social care system?
 - a. Do you think there are benefits of ECTPs to other support services/help you might receive/other agencies you interact with?

13. So given all this discussion, ReSPECT is one example of an ECTP, we shared a ReSPECT form with you beforehand, do you think that the ReSPECT process addresses the issues you have discussed? Do you think it works well as an ECTP for someone with a learning disability?

14. To summarise, revisit question do you think ECTPs overall are a good idea?

15. Is there anything you would like to raise that we haven't discussed?